Self-Inspection Checklists This is the most recent self-inspection checklist produced by OSHA, as part of their Small Business Handbook series. These checklists are by no means all-inclusive; but they are an excellent start. You should add to them or cross out portions or items that do not apply to your operations; however, carefully consider each item as you come to it and then make your decision. You will also need to refer to OSHA standards for complete and specific standards that may apply to your situation. (NOTE: These checklists are typical for general industry but not for construction or maritime.)

Contents

Administrative and General Requirements	2
SAFETY AND HEALTH PROGRAM	2
PERSONAL PROTECTIVE EQUIPMENT	4
FLAMMABLE AND COMBUSTIBLE MATERIALS	8
HAND AND PORTABLE POWERED TOOLS	11
Hand Tools and Equipment	11
Portable (Power Operated) Tools and Equipment	12
Powder-Actuated Tools	13
LOCKOUT/TAGOUT PROCEDURES	14
CONFINED SPACES	16
ELECTRICAL	18
WALKING-WORKING SURFACES	21
General Work Environment	21
Walkways	22
Floor and Wall Openings	23
Stairs and Stairways	24
Elevated Surfaces	25
HAZARD COMMUNICATION	26
Does this program include:	26
Are employees trained in the following:	27

Administrative and General Requirements

Yes	No	Requirement	Regulations
		Do you have more than 10 employees? If "Yes": Do you	
		have a written Emergency Contingency Plan?	
		29CFR 1910.38 outlines the requirements for an	
		emergency contingency plan for those who employ more	
		than 10 at any one time during the year <i>Is your</i>	
		Form 200 up-to-date and posted Feb 1 for 30 days?	
		29CFR 1904 requires that employers of more than 10 at	
		any one time in the year maintain occupational	
		illness and injury reports on Form 101 or equivalent	
		and summarize them on Form 200 which is posted each	
		Feb. 1 for 30 days.	

SAFETY AND HEALTH PROGRAM

Yes	No	Requirement	Regulations
		Written Hazard Communication Plan	29CFR
		Do you have an active safety and health program	1910.1200
		in operation that deals with general safety and	
		health program elements as well as management of	
		hazards specific to your worksite? Employers	
		must have a written plan which describes how the	
		training, labeling, MSDS management and other	
		requirements of "Right-to-Know" will be met.	
		Responsibility assigned to a specific person for	
		the safety program?	
		Is one person clearly responsible for the	
		overall activities of the safety and health	
		<pre>program? 29CFR 1910.1200 (and other regulations)</pre>	
		require that you assign responsibility for the	
		many aspects of the safety program. Some states	

YesNo Requirement	Regulations
also specifically require that employers name a	
person for responsibility with overall safety.	
Do you have a safety committee or group made up	
of management and labor representatives that	
meets regularly and reports in writing on its	
activities?	
Do you have a working procedure for handling inhouse employee complaints regarding safety and health, such as unguarded equipment, safety procedures not being followed, or medical issues, such as headaches, nausea, dizziness or skin problems? All OSHA standards require that employers evaluate workplace hazards and determine whether operational conditions, material use or employee complaints mean that there is any exposure to unsafe conditions.	
Are you keeping your employees advised of the successful effort and accomplishments you and/or your safety committee have made in assuring they will have a workplace that is safe and healthful?	
Have you considered incentives for employees or workgroups who have excelled in reducing workplace injuries/illnesses?	
Formal disciplinary policy/procedure relating to safety Rules that are not enforced are often not followed. OSHA requires employers enforce safety rules.	

PERSONAL PROTECTIVE EQUIPMENT

Are employers assessing the workplace to determine if hazards that require the use of personal protective equipment (for example, head, eye, face, hand, or foot protection) are present or are likely to be present? If hazards or the likelihood of hazards are found, are employers selecting and having affected employees use properly fitted personal protective equipment suitable for protection from these hazards? Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or other means provided and required where	YesNo	Requirement	Regulation
personal protective equipment (for example, head, eye, face, hand, or foot protection) are present or are likely to be present? If hazards or the likelihood of hazards are found, are employers selecting and having affected employees use properly fitted personal protective equipment suitable for protection from these hazards? Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		Are employers assessing the workplace to	-
head, eye, face, hand, or foot protection) are present or are likely to be present? If hazards or the likelihood of hazards are found, are employers selecting and having affected employees use properly fitted personal protective equipment suitable for protection from these hazards? Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		determine if hazards that require the use of	
are present or are likely to be present? If hazards or the likelihood of hazards are found, are employers selecting and having affected employees use properly fitted personal protective equipment suitable for protection from these hazards? Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		personal protective equipment (for example,	
If hazards or the likelihood of hazards are found, are employers selecting and having affected employees use properly fitted personal protective equipment suitable for protection from these hazards? Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		head, eye, face, hand, or foot protection)	
found, are employers selecting and having affected employees use properly fitted personal protective equipment suitable for protection from these hazards? Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		are present or are likely to be present?	
affected employees use properly fitted personal protective equipment suitable for protection from these hazards? Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
personal protective equipment suitable for protection from these hazards? Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		, , ,	
protection from these hazards? Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
Has the employee been trained on ppe procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		· · · · · · · · · · · · · · · · · · ·	
procedures, that is, what ppe is necessary for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		'	
for a job task, when they need it, and how to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		, , ,	
to properly adjust it? Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		, , ,	
Are protective goggles or face shields provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
provided and worn where there is any danger of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
of flying particles or corrosive materials? Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
Are approved safety glasses required to be worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		r	
worn at all times in areas where there is a risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
risk of eye injuries such as punctures, abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
abrasions, contusions or burns? Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
Are employees who need corrective lenses (glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
(glasses or contacts) in working environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
environments having harmful exposures, required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
required to wear only approved safety glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		, , ,	
glasses, protective goggles, or use other medically approved precautionary procedures? Are protective gloves, aprons, shields, or		- · · · · · · · · · · · · · · · · · · ·	
medically approved precautionary procedures? Are protective gloves, aprons, shields, or			
Are protective gloves, aprons, shields, or			
		other means provided and required where	
employees could be cut or where there is		·	
reasonably anticipated exposure to corrosive		, -	
liquids, chemicals, blood, or other		· · · · · · · · · · · · · · · · · · ·	
potentially infectious materials? See 29 CFR			

YesNo Requirement	Regulation
1910.1030(b) for the definition of "other	
potentially infectious materials."	
Are hard hats provided and worn where danger	
of falling objects exists?	
Are hard hats inspected periodically for	
damage to the shell and suspension system?	
Is appropriate foot protection required	
where there is the risk of foot injuries	
from hot, corrosive, or poisonous	
substances, falling objects, crushing or	
penetrating actions?	
Are approved respirators including dusk	
masks provided for regular or emergency use	
where needed?	
If so, are there written respirator	
procedures?	
29CFR 1910.134 requires that if any employee	
uses a respirator, including a dust mask,	
written procedures must cover use, fit	
testing, cleaning and maintenance of the	
respirator.	
Do you have records showing fit testing of	
respirators and training?	
29CFR 1910.134 requires employers to test	
the fit of each respirator on each employee	
and train the employee to check and properly	,
use the respirator.	
Is all protective equipment maintained in a	
sanitary condition and ready for use?	
Do you have eye wash facilities and a quick	
drench shower within the work area where	
employees are exposed to injurious corrosive	
materials? Where special equipment is needed	
for electrical workers, is it available?	

YesNo Requirement	Regulation
Where food or beverages are consumed on the	
premises, are they consumed in areas where	
there is no exposure to toxic material,	
blood, or other potentially infectious	
materials?	
Is protection against the effects of	
occupational noise exposure provided when	
sound levels exceed those of the OSHA noise	
standard?	
Are adequate work procedures, protective	
clothing and equipment provided and used	
when cleaning up spilled toxic or otherwise	
hazardous materials or liquids?	
Are there appropriate procedures in place	
for disposing of or decontaminating personal	
protective equipment contaminated with, or	
reasonably anticipated to be contaminated	
with, blood or other potentially infectious	
materials?	
Can you reasonably anticipate that any	
employees will be exposed to human blood	
this year because of their jobs?Have you	
assigned responsibility for first-aid to an	
employee?If "Yes": Do you have written	
Bloodbourne Pathogen Exposure Control	
Plan?Have employees been trained in	
protective equipment and procedures?	
29CFR 1910.1030 requires that employers	
develop an Exposure Control Plan, train	
employees, keep records, and offer Hepatitis	
B vaccinations if it can be reasonably	
anticipated that one or more employees could	
be exposed to human blood or blood products	
as a result of doing their assigned duties.	
If you have assigned first aid	
responsibilities to an employee you are	

YesNo	Requirement	Regulation
	required to have a Bloodborne Pathogen	
	Program. Special waste management and use of	
	approved disinfectants are also required.	
	The key is "reasonable anticipation". Good	
	Samaritan acts are not covered.	

INFECTIOUS AND BLOOD BORNE PATHOGENS

YesNo Requirement	Regulation
Can you reasonably anticipate that any	
employees will be exposed to human blood	
this year because of their jobs?Have you	
assigned responsibility for first-aid to an	
employee?If "Yes": Do you have written	
Bloodbourne Pathogen Exposure Control	
Plan?Have employees been trained in	
protective equipment and procedures?	
29CFR 1910.1030 requires that employers	
develop an Exposure Control Plan, train	
employees, keep records, and offer Hepatitis	5
B vaccinations if it can be reasonably	
anticipated that one or more employees could	t
be exposed to human blood or blood products	
as a result of doing their assigned duties.	
If you have assigned first aid	
responsibilities to an employee you are	
required to have a Bloodborne Pathogen	
Program. Special waste management and use o	f
approved disinfectants are also required.	
The key is "reasonable anticipation". Good	
Samaritan acts are not covered.	

FLAMMABLE AND COMBUSTIBLE MATERIALS

Yes	No	Requirement
		Are combustible scrap, debris, and waste materials (oily rags, etc.) stored in covered metal receptacles and removed from the worksite promptly?
		Is proper storage practiced to minimize the risk of fire including spontaneous combustion?
		Are approved containers and tanks used for the storage and handling of flammable and combustible liquids?
		Are all connections on drums and combustible liquid piping, vapor and liquid tight?
		Are all flammable liquids kept in closed containers when not in use (for example, parts cleaning tanks, pans, etc.)?
		Are bulk drums of flammable liquids grounded and bonded to containers during dispensing?
		Do storage rooms for flammable and combustible liquids have explosion-proof lights?
		Do storage rooms for flammable and combustible liquids have mechanical or gravity ventilation?
		Is liquefied petroleum gas stored, handled, and used in accordance with safe practices and standards?
		Are "NO SMOKING" signs posted on liquefied petroleum gas tanks?
		Are liquefied petroleum storage tanks guarded to prevent damage from vehicles?
		Are all solvent wastes and flammable liquids kept in fire-resistant, covered containers until they are removed from the worksite?

Yes	No	Requirement
		Is vacuuming used whenever possible rather than blowing or sweeping combustible dust? Are firm separators placed between containers of combustibles or flammables, when stacked one upon another, to assure their support and stability?
		Are fuel gas cylinders and oxygen cylinders separated by distance, and fire-resistant barriers, while in storage?
		Are fire extinguishers selected and provided for the types of materials in areas where they are to be used?
		Class A Ordinary combustible material fires.
		Class B Flammable liquid, gas or grease fires.
		Class C Energized-electrical equipment fires.
		Are appropriate fire extinguishers mounted within 75 feet of outside areas containing flammable liquids, and within 10 feet of any inside storage area for such materials?
		Are extinguishers free from obstructions or blockage?
		Are all extinguishers serviced, maintained and tagged at intervals not to exceed 1 year?
		Are all extinguishers fully charged and in their designated places?
		Where sprinkler systems are permanently installed, are the nozzle heads so directed or arranged that water will not be sprayed into operating electrical switch boards and equipment?
		Are "NO SMOKING" signs posted where appropriate in areas where flammable or combustible materials are used or stored?

Page 9 of 27

Yes	No	Requirement
		Are safety cans used for dispensing flammable or combustible liquids at a point of use?
		Are all spills of flammable or combustible liquids cleaned up promptly?
		Are storage tanks adequately vented to prevent the development of excessive vacuum or pressure as a result of filling, emptying, or atmosphere temperature changes?
		Are storage tanks equipped with emergency venting that will relieve excessive internal pressure caused by fire exposure?
		Are "NO SMOKING" rules enforced in areas involving storage and use of hazardous materials?

HAND AND PORTABLE POWERED TOOLS

Hand Tools and Equipment

Yes	No	Requirement
		Are all tools and equipment (both company and employee owned) used by employees at their workplace in good condition?
		Are hand tools such as chisels and punches, which develop mushroomed heads during use, reconditioned or replaced as necessary?
		Are broken or fractured handles on hammers, axes and similar equipment replaced promptly?
		Are worn or bent wrenches replaced regularly?
		Are appropriate handles used on files and similar tools?
		Are employees made aware of the hazards caused by faulty or improperly used hand tools?
		Are appropriate safety glasses, face shields, etc. used while using hand tools or equipment which might produce flying materials or be subject to breakage?
		Are jacks checked periodically to ensure they are in good operating condition?
		Are tool handles wedged tightly in the head of all tools?
		Are tool cutting edges kept sharp so the tool will move smoothly without binding or skipping?
		Are tools stored in dry, secure locations where they won't be tampered with?
		Is eye and face protection used when driving hardened or tempered spuds or nails?

Portable (Power Operated) Tools and Equipment

Yes	No	Requirement
		Are grinders, saws and similar equipment provided with appropriate safety guards?
		Are power tools used with the correct shield, guard, or attachment, recommended by the manufacturer?
		Are portable circular saws equipped with guards above and below the base shoe? Are circular saw guards checked to assure they are not wedged up, thus leaving the lower portion of the blade unguarded?
		Are rotating or moving parts of equipment guarded to prevent physical contact?
		Are all cord-connected, electrically operated tools and equipment effectively grounded or of the approved double insulated type?
		Are effective guards in place over belts, pulleys, chains, sprockets, on equipment such as concrete mixers, and air compressors?
		Are portable fans provided with full guards or screens having openings 1/2 inch or less?
		Is hoisting equipment available and used for lifting heavy objects, and are hoist ratings and characteristics appropriate for the task?
		Are ground-fault circuit interrupters provided on all temporary electrical 15 and 20 ampere circuits, used during periods of construction?
		Are pneumatic and hydraulic hoses on power operated tools checked regularly for deterioration or damage?

Powder-Actuated Tools

Yes	No	Requirement
		Are employees who operate powder-actuated tools trained in their use and carry a valid operator's card?
		Is each powder-actuated tool stored in its own locked container when not being used?
		Is a sign at least 7 inches by 10 inches with bold face type reading "POWDER-ACTUATED TOOL IN USE" conspicuously posted when the tool is being used?
		Are powder-actuated tools left unloaded until they are actually ready to be used?
		Are powder-actuated tools inspected for obstructions or defects each day before use?
		Do powder-actuated tool operators have and use appropriate personal protective equipment such as hard hats, safety goggles, safety shoes and ear protectors?

LOCKOUT/TAGOUT PROCEDURES

Yes	No	Requirement
		Is all machinery or equipment capable of movement, required to be de-energized or disengaged and locked-out during cleaning, servicing, adjusting or setting up operations, whenever required?
		Where the power disconnecting means for equipment does not also disconnect the electrical control circuit:
		Are the appropriate electrical enclosures identified?
		Is means provided to assure the control circuit can also be disconnected and locked-out?
		Is the locking-out of control circuits in lieu of locking-out main power disconnects prohibited?
		Are all equipment control valve handles provided with a means for locking-out?
		Does the lock-out procedure require that stored energy (mechanical, hydraulic, air, etc.) be released or blocked before equipment is locked-out for repairs?
		Are appropriate employees provided with individually keyed personal safety locks?
		Are employees required to keep personal control of their key(s) while they have safety locks in use?
		Is it required that only the employee exposed to the hazard, place or remove the safety lock?
		Is it required that employees check the safety of the lock-out by attempting a startup after making sure no one is exposed?

Yes	No	Requirement
		Are employees instructed to always push the control circuit stop button immediately after checking the safety of the lock-out?
		Is there a means provided to identify any or all employees who are working on locked-out equipment by their locks or accompanying tags?
		Are a sufficient number of accident preventive signs or tags and safety padlocks provided for any reasonably foreseeable repair emergency?
		When machine operations, configuration or size requires the operator to leave his or her control station to install tools or perform other operations, and that part of the machine could move if accidentally activated, is such element required to be separately locked or blocked out?
		In the event that equipment or lines cannot be shut down, locked-out and tagged, is a safe job procedure established and rigidly followed?

CONFINED SPACES

Yes	No	Requirement
		Are confined spaces thoroughly emptied of any corrosive or hazardous substances, such as acids or caustics, before entry?
		Are all lines to a confined space, containing inert, toxic, flammable, or corrosive materials valved off and blanked or disconnected and separated before entry?
		Are all impellers, agitators, or other moving parts and equipment inside confined spaces locked-out if they present a hazard?
		Is either natural or mechanical ventilation provided prior to confined space entry?
		Are appropriate atmospheric tests performed to check for oxygen deficiency, toxic substances and explosive concentrations in the confined space before entry?
		Is adequate illumination provided for the work to be performed in the confined space?
		Is the atmosphere inside the confined space frequently tested or continuously monitored during conduct of work? Is there an assigned safety standby employee outside of the confined space. when required, whose sole responsibility is to watch the work in progress, sound an alarm if necessary, and render assistance?
		Is the standby employee appropriately trained and equipped to handle an emergency?
		Is the standby employee or other employees prohibited from entering the confined space without lifelines and respiratory equipment if there is any question as to the cause of an emergency?

Yes	No	Requirement
		Is approved respiratory equipment required if the atmosphere inside the confined space cannot be made acceptable
		Is all portable electrical equipment used inside confined spaces either grounded and insulated, or equipped with ground fault protection?
		Before gas welding or burning is started in a confined space, are hoses checked for leaks, compressed gas bottles forbidden inside of the confined space, torches lighted only outside of the confined area and the confined area tested for an explosive atmosphere each time before a lighted torch is to be taken into the confined space?
		If employees will be using oxygen-consuming equipment-such as salamanders, torches, and furnaces, in a confined space-is sufficient air provided to assure combustion without reducing the oxygen concentration of the atmosphere below 19.5 percent by volume?
		Whenever combustion-type equipment is used in a confined space, are provisions made to ensure the exhaust gases are vented outside of the enclosure?
		Is each confined space checked for decaying vegetation or animal matter which may produce methane?
		Is the confined space checked for possible industrial waste which could contain toxic properties?
		If the confined space is below the ground and near areas where motor vehicles will be operating, is it possible for vehicle exhaust or carbon monoxide to enter the space?

ELECTRICAL

Yes	No	Requirement
		Do you specify compliance with OSHA for all contract electrical work?
		Are all employees required to report as soon as practicable any obvious hazard to life or property observed in connection with electrical equipment or lines?
		Are employees instructed to make preliminary inspections and/or appropriate tests to determine what conditions exist before starting work on electrical equipment or lines?
		When electrical equipment or lines are to be serviced, maintained or adjusted, are necessary switches opened, locked-out and tagged whenever possible?
		Are portable electrical tools and equipment grounded or of the double insulated type?
		Are electrical appliances such as vacuum cleaners, polishers, and vending machines grounded?
		Do extension cords being used have a grounding conductor?
		Are multiple plug adaptors prohibited?
		Are ground-fault circuit interrupters installed on each temporary 15 or 20 ampere, 120 volt AC circuit at locations where construction, demolition, modifications, alterations or excavations are being performed?
		Are all temporary circuits protected by suitable disconnecting switches or plug connectors at the junction with permanent wiring?
		Do you have electrical installations in hazardous dust or vapor areas? If so, do they meet the National Electrical Code (NEC) for hazardous locations?

Yes	No	Requirement
		Is exposed wiring and cords with frayed or deteriorated insulation repaired or replaced promptly?
		Are flexible cords and cables free of splices or taps?
		Are clamps or other securing means provided on flexible cords or cables at plugs, receptacles, tools, equipment, etc., and is the cord jacket securely held in place? Are all cord, cable and raceway connections intact and secure?
		In wet or damp locations, are electrical tools and equipment appropriate for the use or location or otherwise protected?
		Is the location of electrical power lines and cables (overhead, underground, underfloor, other side of walls) determined before digging, drilling or similar work is begun?
		Are metal measuring tapes, ropes, handlines or similar devices with metallic thread woven into the fabric prohibited where they could come in contact with energized parts of equipment or circuit conductors?
		Is the use of metal ladders prohibited in areas where the ladder or the person using the ladder could come in contact with energized parts of equipment, fixtures or circuit conductors?
		Are all disconnecting switches and circuit breakers labeled to indicate their use or equipment served?
		Are disconnecting means always opened before fuses are replaced?
		Do all interior wiring systems include provisions for grounding metal parts of electrical raceways, equipment and enclosures?
		Are all electrical raceways and enclosures securely fastened in place?

Yes	No	Requirement
		Are all energized parts of electrical circuits and equipment guarded against accidental contact by approved cabinets or enclosures?
		Is sufficient access and working space provided and maintained about all electrical equipment to permit ready and safe operations and maintenance?
		Are all unused openings (including conduit knockouts) in electrical enclosures and fittings closed with appropriate covers, plugs or plates?
		Are electrical enclosures such as switches, receptacles, and junction boxes, provided with tightfitting covers or plates?
		Are disconnecting switches for electrical motors in excess of two horsepower, capable of opening the circuit when the motor is in a stalled condition, without exploding? (Switches must be horsepower rated equal to or in excess of the motor hp rating.) Is low voltage protection provided in the control device of motors driving machines or equipment which could cause probable injury from inadvertent starting?
		Is each motor disconnecting switch or circuit breaker located within sight of the motor control device?
		Is each motor located within sight of its controller or the controller disconnecting means capable of being locked in the open position or is a separate disconnecting means installed in the circuit within sight of the motor?
		Is the controller for each motor in excess of two horsepower, rated in horsepower equal to or in excess of the rating of the motor it serves?
		Are employees who regularly work on or around energized electrical equipment or lines instructed in the cardiopulmonary resuscitation (CPR) methods?

Yes	No	Requirement
		Are employees prohibited from working alone on energized lines or equipment over 600 volts?

WALKING-WORKING SURFACES

General Work Environment

Yes	No	Requirement
		Is a documented, functioning housekeeping program in place?
		Are all worksites clean, sanitary, and orderly?
		Are work surfaces kept dry or is appropriate means taken to assure the surfaces are slip-resistant?
		Are all spilled hazardous materials or liquids, including blood and other potentially infectious materials, cleaned up immediately and according to proper procedures?
		Is combustible scrap, debris and waste stored safely and removed from the worksite properly?
		Is all regulated waste, as defined in the OSHA bloodborne pathogens standard (1910.1030), discarded according to federal, state, and local regulations?
		Are accumulations of combustible dust routinely removed from elevated surfaces including the overhead structure of buildings, etc.?
		Is combustible dust cleaned up with a vacuum system to prevent the dust from going into suspension?
		Is metallic or conductive dust prevented from entering or accumulating on or around electrical enclosures or equipment?

Yes	No	Requirement
		Are covered metal waste cans used for oily and paint-soaked waste?

Walkways

No	Requirement
	Are aisles and passageways kept clear?
	Are aisles and walkways marked as appropriate?
	Are wet surfaces covered with non-slip materials?
	Are holes in the floor, sidewalk or other walking surface repaired properly, covered or otherwise made safe?
	Is there safe clearance for walking in aisles where motorized or mechanical handling equipment is operating?
	Are materials or equipment stored in such a way that sharp projectives will not interfere with the walkway?
	Are spilled materials cleaned up immediately?
	Are changes of direction or elevation readily identifiable?
	Are aisles or walkways that pass near moving or operating machinery, welding operations or similar operations arranged so employees will not be subjected to potential hazards?
	Is adequate headroom provided for the entire length of any aisle or walkway?
	Are standard guardrails provided wherever aisle or walkway surfaces are elevated more than 30 inches above any adjacent floor or the ground?
	Are bridges provided over conveyors and similar hazards?

Floor and Wall Openings

Yes	No	Requirement
		Are floor openings guarded by a cover, a guardrail, or equivalent on all sides (except at entrance to stairways or ladders)?
		Are toeboards installed around the edges of permanent floor openings (where persons may pass below the opening)?
		Are skylight screens of such construction and mounting that they will withstand a load of at least 200 pounds?
		Is the glass in the windows, doors, glass walls, etc., which are subject to human impact, of sufficient thickness and type for the condition of use?
		Are grates or similar type covers over floor openings such as floor drains of such design that foot traffic or rolling equipment will not be affected by the grate spacing?
		Are unused portions of service pits and pits not actually in use either covered or protected by guardrails or equivalent?
		Are manhole covers, trench covers and similar covers, plus their supports designed to carry a truck rear axle load of at least 20,000 pounds when located in roadways and subject to vehicle traffic?
		Are floor or wall openings in fire resistive construction provided with doors or covers compatible with the fire rating of the structure and provided with a self-closing feature when appropriate?

Stairs and Stairways

Yes	No	Requirement
		Are standard stair rails or handrails on all stairways having four or more risers?
		Are all stairways at least 22 inches wide?
		Do stairs have landing platforms not less than 30 inches in the direction of travel and extend 22 inches in width at every 12 feet or less of vertical rise?
		Do stairs angle no more than 50 and no less than 30 degrees?
		Are step risers on stairs uniform from top to bottom?
		Are steps on stairs and stairways designed or provided with a surface that renders them slip resistant?
		Are stairway handrails located between 30 and 34 inches above the leading edge of stair treads?
		Do stairway handrails have at least 3 inches of clearance between the handrails and the wall or surface they are mounted on?
		Where doors or gates open directly on a stairway, is there a platform provided so the swing of the door does not reduce the width of the platform to less than 21 inches?
		Where stairs or stairways exit directly into any area where vehicles may be operated, are adequate barriers and warnings provided to prevent employees stepping into the path of traffic?
		Do stairway landings have a dimension measured in the direction of travel, at least equal to the width of the stairway?

Elevated Surfaces

Yes	No	Requirement
		Are signs posted, when appropriate, showing the elevated surface load capacity?
		Are surfaces elevated more than 30 inches above the floor or ground provided with standard guardrails?
		Are all elevated surfaces (beneath which people or machinery could be exposed to falling objects) provided with standard 4-inch toeboards?
		Is a permanent means of access and egress provided to elevated storage and work surfaces?
		Is required headroom provided where necessary?
		Is material on elevated surfaces piled, stacked or racked in a manner to prevent it from tipping, falling, collapsing, rolling or spreading?
		Are dock boards or bridge plates used when transferring materials between docks and trucks or rail cars?

HAZARD COMMUNICATION

Yes	No Requirement
	Janitorial & Chemical Storage Area Overview 10. Is the area neat and clean, without spills on the floor? 29CFR 1910.22 requires that all work places be clean, orderly and sanitary.
	Are there any containers without legible labels?
	Do all secondary container labels list the product, the hazards and the manufacturer? 29CFR 1910.1200 requires that all containers of hazardous materials be labeled. The manufacturer's label is fine if legible. If materials are moved from the original to a "secondary" container, it must be labeled. The label must include the name of the material, a description of the hazard and the manufacturer's name. Just the name is not enough.
	Complete written inventory (list) of hazardous materials? Is there a list of hazardous substances used in your workplace? 29CFR 1910.1200 requires employers maintain a current list, accessible to employees, of all hazardous materials used in the workplace.
	Is there a written hazard communication program dealing with Material Safety Data Sheets (MSDS), labeling, and employee training?
	Is each container for a hazardous substance (i.e., vats, bottles, storage tanks, etc.) labeled with product identity and a hazard warning (communication of the specific health hazards and physical hazards)?
	Is there a Material Safety Data Sheet readily available for each hazardous substance used?
	Is there an employee training program for hazardous substances?
	Does this program include:

YesNo	Requirement	
	An explanation of what an MSDS is and how to use and obtain one?	
	MSDS contents for each hazardous substance or class of substances?	
	Explanation of "Right to Know?"	
	Identification of where an employee can see the employers written hazard communication program and where hazardous substances are present in their work areas?	
	The physical and health hazards of substances in the work area, and specific protective measures to be used?	
	Details of the hazard communication program, including how to use the labeling system and MSDS's?	
	Are employees trained in the following:	
	How to recognize tasks that might result in occupational exposure?	
	How to use work practice and engineering controls and personal protective equipment and to know their limitations?	
	How to obtain information on the types selection, proper use, location, removal handling, decontamination, and disposal of personal protective equipment?	
	Who to contact and what to do in an emergency?	
	written training records? 29CFR 1910.1200, .1450, .1030 and virtually all other OSHA regulations require written training records which document date, subject, attendees and trainer.	